



Integrated Approach of Care for Older People at Home



AFFILIATED PARTNERS :

- Ministry of labour, family, social affairs and equal opportunities of the Republic of Slovenia
- Ministry of health of the Republic of Croatia
- Centre for social work Brežice
- Home health care services Karlovac
- University medical centre Ljubljana – Geriatric unit
- Andrija Štampar teaching Institute of public health
- Croatian association of occupational therapists
- University of Ljubljana, Faculty of social work
- University of Ljubljana, Faculty of health sciences



REPUBLIKA SLOVENIJA
SLUŽBA VLADE REPUBLIKE SLOVENIJE ZA RAZVOJ
IN EVROPSKO KOHEZIJSKO POLITIKO

CrossCare is a European project focused on the implementation of integrated home care in areas outside the city centers, which is being carried out in the neighbouring countries, the Republic of Slovenia and the Republic of Croatia. With this project we want to develop and establish a new cross-border structure for providing integrated home care service, which includes both social and health care services.

SERVICES

Researches suggest that the need for institutionalization is lower if older people are provided with necessary services in their homes. So, during the project, from September 2018. to August 2020., we will provide free services of physical therapy, occupational therapy, health care and dietetics for our users.

AS PART OF THE PROJECT WE WILL PROVIDE THE FOLLOWING FREE SERVICES:

1. Occupational therapy

Occupational therapist enables individuals and groups to achieve optimal functioning in everyday occupations. When due to developmental changes (aging), illness, injury or damage a person can not independently perform the activities that are important to him. Occupational therapist will provide opportunities for a person to develop / improve their health and well-being through participation in daily activities and occupations which a person wants, should or is expected to perform.

OT treatment includes adaption of environment to facilitate occupational performance and education of family or people living with users.

2. Physical therapy

Physical therapy is intended for individuals who need to re-establish or maintain optimal motion and functional abilities. It includes procedures in which the movement and functional ability of individuals are solved in accordance with circumstances such as aging, injury, falls, health and environmental factors. Physical therapy is concerned with improving the ability to move and thereby improving the quality of life.

3. Health care and dietetics

The purpose of health care is to provide assistance and care for the elderly and ill people and to participate in the prevention, treatment and rehabilitation process. Our work will be based on the monitoring of basic life activities and self-service for a better quality of life. Dietetics services will be directed to individual counselling and promotion of healthy eating and health.

PROJECT HOLDER: Home Care Institute Ljubljana

PROJECT PARTNERS: City of Ljubljana City of Zagreb Home Care Center Maribor Home of Health Čakovec Institutions for Home Health Care Zagreb

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Mestna občina
Ljubljana



Grad Zagreb



Center za pomoč
na domu Maribor



USTANOVA ZA ZDRAVSTVENU NEGU U KUĆI

